

The Investigation of Student's Participation Factors in Summer Leisure Classes

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Abstract. The main objective of this research is to investigate the student's participation factors in summer leisure class in the city of Tehran. Statistical population of the research includes male students in elementary and high school degree in Tehran. The statistical sample consists 7261 from elementary and 7591 from high school students who have been chosen on the Kerjsey and Morgan's table formulas by the chance – cluster sampling form among statistical population. The present research is of a survey type in which field study form has been used. For gathering date the researcher made questionnaire has been used. Its face validity was done by related specialists and its reliability has been calculated by the used of Cronnbach α (0/86). In addition to descriptive statistics, the Freedman's test was used for data analysis.

The result of the research showed that elementary and high school students, gave first priority to sport because of its fun and freshness property.

Also they gave their later priority to English language learning, computer games, music, calligraphy and portrait and handicraft classes. The reason for selecting sport for leisure time program for elementary and high school students includes such factors as media , educators direction , Parents, and friends, sport progress, the availability of sport spaces and being hero. These factors in high school environment includes media, health factor, sport progress and motor factors, educator's direction , parents, and the availability of sport spaces. Therefore, regarding the effectiveness of sport activities in health and fun and freshness of leisure time, it is better that managers and authorities provide the plat with proper planning, also provide the ways of students participations in generations is brought into being.

Keywords: leisure time- students – sport schools.

1. Introduction

On the basis of this definition that international sociology group has provided regarding leisure time , leisure is a collection of activities that the individual deals to with satisfaction for rest , fun or order to increase awareness, nonprofit learning and social participation and voluntarily , after getting rid of vocational, family and social problems(1). Leisure includes that part of individual's time that is not to be bound to do biological needs and making a living and the can deal to his selected programs optionally and freely. Many experts had that attitudes and orientations in the manner of selecting leisure time is of deals that is influenced by such different factors as age, vocation , education, interesting , earning , place of living, the numbers of family staff, the rate of availability and so on , Gerald B. fits believes that. Leisure is a career or apart of human living and yet the which is important is the manner of using form this leisure for many of these activities can in the matter be useful, constructive or vs. destructive or harmful (3)

With the beginning of summer and summer vacations the discussion of the quality of leisure time is considered one of the important distresses of families. Some students occupy himself with studying different books and some others with learning crafts and jobs or visiting different regions. Some of the students select sport for spending leisure time. Sport except bodily activity, is considered some type of playing which for some time, releases human form distressed or pressure land worries.

Nowadays sport is considered one of the best means for filling leisure time and for this the education specialists always take action to regulate extracurricular activities and in these activities emphasize to freshness, heal thinness, humane and moral values (4)

The first research on leisure time is done by Torstein Veblen as the theory of leisure class in American in which sport has a high share in spending people's leisure time, specially the youth and students (5)

Tondnevis (1381) in his research showed that sport is the first interesting leisure activity of Iranians and between the rate and satisfaction of spending leisure time and paying to sport there is meaningful relationship (6).

In another research Jaffrey (1384) showed that sport courser that is interested research society itself included, walking, body building, volleyball and swimming, respectively (7).

Also Amirtash (1383) expresses that sport courser that is interested research society itself consisted, physical fitness, swimming and football, volleyball and running, respectively. Suri (1381) in his research found that the lack of doing sport activities in leisure time in his research population there is a meaningful relationship between hospitalizing and high blood pressure.

Nowadays there is no doubt that leisure time and its enrichment necessity and correct beneficiary of it is so important but correct and basic planning for making use of leisure time for students and choosing the best activity for them is one of the important community of manager's responsibilities. National youth organization of Iran has announced that sport programs have been devoted to itself about 50 percent of addressees rather than the other programs (10).

Therefore, regarding the role and necessity of planning for people's leisure time, especially the lack of investigations regarded and the concern of the researcher, it is determined to carry out more investigations so the main objective of this research is to examine the factors of student participation in elementary and high school in summer leisure time of Tehran city.

2. Methodology

The research method of this study, is of field word one. The statistical society of this research includes the male students of the elementary and high school level of Tehran. The statistical sample in clouds 9261 students at elementary level, and 7591 at high school one. These numbers have been chosen on the table formula Q of Kerjsay and Morgan according to chance – cluster sampling among statistical society. For guttering date, the researchers' questionnaire has been used. Its preliminary credit was verified by related specialists and also its resulting credit has been determined and computed by the use of Cronnbach alfa(α) (0/86).

In addition to descriptive statistics, for the date analysis, the dedicational statistics like freed man's sided test analysis variation was used.

3. Findings

The descriptive results of this research showed that the most numbers of participants are among football, swimming, handball, basketball and gymnastic, and the least participants among those who participated in billiard and triple sports classes, respectively. The results of this research have been shown in the following tables.

Type of leisure time program	mean	Priority
Computer games	2/5	3
Music class	2/8	4
Sport	1/8	1
Learning English language	2/1	2
Calligraphy and portrait	3/3	5

Art and handicraft classes	4/1	6
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M= 16852 , K=6 P<0/05

The table (No.1) indicates that there is meaningful differences between the interest rank in choosing the type of leisure time program (P<0.05). In the order that , the later ranks belongs to sport, learning English. Computer games, Calligraphy and portrait, music, and handicraft classes.

Table No.2: The results of Fredman's bi-sided test analysis variation in the case of the reason that student select sport as leisure time program: a comparative study.

row	factors	Students at elementary school		Students at high school	
		Rank Mean	Priority	Rank Mean	Priority
1	Advertisements & media	2.6	2	3	2
2	Availability of sport spaces	3.6	5	3.6	6
3	Directing parents, educators and friends group	2.8	3	3.4	5
4	Choosing sport as health factor	3.7	6	3.1	3
5	Sport progress in the future	3.1	4	3.3	4
6	Fun and freshness property of sport	2.3	1	2.7	1

M= 16852 and K=6 P<0.05

The table (No.2) indicates that at elementary level the fun and freshness property of sport has the best effect in choosing proof as leisure time. And media Directing parents, educators and friends group, sport progress, the Availability of sport spaces and health factor.

4. Discussion and Conclusions

Sport for students in summer leisure time enjoys especial situation. According to statistics the most numbers of participants in leisure time include sport activities. The results of this research showed that elementary and high school students, among school leisure time programs, sport has been preferred for its fun and freshness property. And learning English computer games, music, Calligraphy and portrait handicraft classes had later priority. This matter shows the fact that sport and motor activities as extracurricular/ intramural leisure time have been desirable even ideal for the students yet.

Also founding of the research showed that students of elementary have raised the role of media and educators rather than being hero, gave important attention to them. This shows that students of elementary schools follow sport for its healthy property rather than the availability of sport spaces. Finally the grater the old, the more activities toward healthiness and hero is lead.

5. Resources

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